

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Shannon Adendorff**

Has successfully participated & completed the

**5km Prison Break Night Run & Walk #3**

held at Leeuwkop Golf Club.

**TIME 00:30:10**

**PACE 06:01/km**

**GENDER 5 of 0**

**OVERALL 15 of 1**

**14 - 19 3 of 0**

18 September 2019, Wed

Date



*BoutTime*

Signature

